



West Rouge G95

Policy and Procedures

At this level of competition, success and fun on the soccer field do not come without some extra effort. The will to succeed is not enough; players must also have the will to prepare to succeed. This is more than just the effort it takes to show up at the soccer field on the day of the game. This is about the kind of effort that involves some hard work, some choices about the way in which free time is spent, and about some sacrifices being made.

Being a West Rouge player requires special commitment. Each West Rouge player is expected to make certain commitments to his/her coaches, to his/her team and to himself/herself. A player willing to make this commitment can become a better soccer player and a contributing member of a West Rouge team.

For those who decide to accept this commitment to excellence, the West Rouge soccer program will commit to make every effort to see to it that players improve their skills and gain knowledge of the game; and will commit to make practices fun and a worthwhile experience.

Practices and Games

1. Players must notify the Coach if they are unable to attend practices or games.
2. Attendance will be taken at all practices and games.
3. Players are expected to arrive 30 minutes prior to games and 15 minutes prior to practices.
4. Players must be dressed and ready to participate.

Rep Team Uniforms

When playing, the players represent the Club. Each player should wear the uniform properly and with pride. Players are issued a Club jersey and an alternate jersey, which is worn during the game by the home team if there is a conflict.

Players should always tuck their jerseys into their shorts (this is a FIFA rule). Sleeves must be worn down (not tucked into the shoulders) Shin guards must always be covered. Socks should be pulled up whenever they are worn. Players should arrive at games prepared to play.

The Equipment Bag

The following items should be kept in the equipment bag at all times; an alternate jersey, soccer shoes (indoor or outdoor), running shoes, extra shin guards, extra pair of socks, tape, sun screen (during outdoor season), and water bottle.



Communication

1. The primary format of communication for West Rouge G95 is email or our team website <http://eteamz.active.com/westrouge1995girls/>. It is imperative for all parents to notify the team Managers or Coach to changes to email or telephone numbers to minimize miscommunication.
2. Line of Communication – Though the Coaching team strives to have an open line of communication it is not recommended to discuss any soccer related matters before or after a practice or game unless previous arrangements have been made. The Coaching team will be happy to arrange a meeting at a mutually convenient time and location to address any matters and/or concerns.
3. Line of Communication - Though the coaching team strives to have an open line of communication all non-soccer related issues should be addressed with the management team. All soccer related matters would be dealt with by the Coaching team and relayed via the Management team.

Rain or Inclement Weather Protocol

Practices and games will be conducted unless the team Coach or Managers otherwise notifies you. Please check your email and voicemail regularly before a practice or game. Otherwise you must show up at the field at the schedule time.

Attendance

1. Attendance will be taken at every game and practice by the Team Trainer, Coach or Team Manager.
2. Players are required to notify the Coach if unable to make a game or practice.
3. If a player is late for a game or practice they will be required to complete a 10-minute run before joining their teammates.
4. Arriving late for a game will result in not starting at the beginning of a game or a suitable sanction at the Coach's discretion.
5. Team Management will evaluate attendance statistics at the end of every month and players with consistent absenteeism will be contacted by the Coach.
6. Poor attendance will result in review of player status on the team.
7. Attendance expectations:
 1. Phone call – forgiven
 2. 1st no show - parent & player will receive a verbal warning from the Coach or Trainer
 3. 2nd no show – parent & player will receive a written letter outlining expectations for attendance
 4. 3rd no show – Player will be suspended until Coach/Parent/Player conference can be conducted.



Parents

1. During a game, parents are not allowed on the same side of the field as players please sit on the opposite side of the field.
2. Please focus on the positive experience of soccer. Respect for referees, linesmen and players must be maintained at all times.
3. Note; **Coaches, Team Managers, and Team Trainer are volunteer positions. They are all working in the best interest of your children. Suggestions for improvement are welcomed and volunteering of your time to help will be greatly appreciated.**

Payments and Costs

1. There are two fees due annually:
 - a. Winter Fees (November to April)
 - b. Summer Fees (May to October)
2. Payment and completed registration forms are due the by the 15th day of the month before the start of a season.
 - a. Winter fees due by October 15th
 - b. Summer fees due by April 15th
3. When necessary, financial arrangements can be made with the final payment due by the 30th day of the month before the start of a season.
 - a. Winter October 30th
 - b. Summer April 30th
4. Fundraising generally covers tournament fees. However, if there is a shortfall, parents will be responsible for covering the difference.

Fundraising

1. Fundraising is a key and expected component of membership on Rep teams. Fundraising also helps to keep costs down for the West Rouge G95 Rep team.
2. Suggestions and volunteers are always welcome.
3. **Full participation is expected from players and parents. No exceptions.**
4. "Together we aspire together we achieve"

Tournaments

1. We will be participating in various tournaments during the summer season.
2. The costs to participate in the tournament may need to covered by parents if fundraising is not sufficient.



New Players

1. We welcome new players to try out for open positions on the team.
2. **A completed player (liability) assessment form must be submitted to the Team Manager prior to the first tryout.**
3. Assessments will be undertaken over 4 practices or at the Coach's discretion.
4. After 4 practices the Coach will meet with the player and parents to discuss the player's ability and continued participation in the G95 program.
5. Once approved, you will be contacted by the Team Manager to finalize the necessary paperwork and fees.

The Rep Team Coach has final say in all circumstances.

“Miss one practice, you know. Two practices, your Coach and Team knows. Three practices, your Opponent knows.”