



The MANHASSET WOMEN'S COALITION *Against* BREAST CANCER

twelfth annual



5K



Sunday, October 24, 2010


Mary Jane Davies Park on Plandome Road in Manhasset

registration: begins 8:00am - closes promptly at 9:15am

start time: 9:30am sharp

awards: given 20 minutes after the last participant finishes

t-shirts: available to those who pre-register by October 15th



online pre-registration
by Thursday October 21
\$25 adults, \$15 kids 13 & under
active.com



mail-in pre-registration
received by Friday, October 15
\$25 adults, \$15 kids 13 & under
Send form & payment to:
**MWCABC 28 Burnham Place
Manhasset, NY 11030**



day-of race registration
\$35 adults, \$25 kids 13 & under
**t-shirts are NOT available for
same-day registrants**

I, the undersigned, hereby waive and release any and all rights and claims I may have against MWCABC, the town of North Hempstead, the Inc. Villages of Plandome, Plandome Heights, Plandome Manor, Flower Hill and the sponsors for damages which I may have arising out of said event. I am physically fit and have trained for this race. The applicant warrants that his/her physical condition has been verified by a licensed doctor. Further, I hereby grant full permission to any and all of the foregoing to use any pictures, or any other record of this event for any purpose whatever. If signed by a parent, the parent agrees to release and to hold the above named organization and persons harmless of any claims which may be asserted by or on behalf of the entrant.

name _____ email _____

address _____

phone _____ signature _____

	age	sex	S	M	L	XL	donate
additional family members	t-shirt size						
	age	sex	S	M	L	XL	donate
	age	sex	S	M	L	XL	donate
	age	sex	S	M	L	XL	donate

If you do not want a t-shirt and would like to donate the cost to MWCABC, please circle "donate" rather than a shirt size.

entry fee \$ _____ + donation \$ _____ = total \$ _____



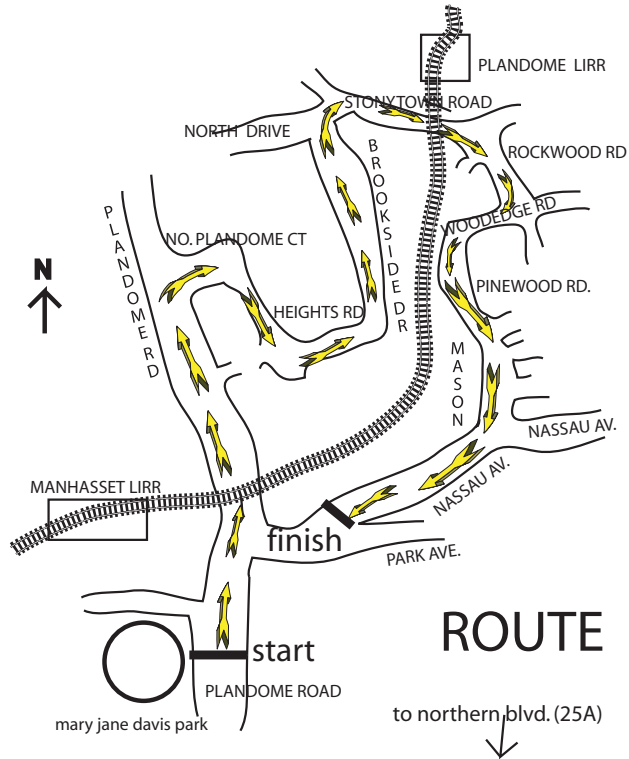
cash for the
CURE

grand prize
\$10,000

The drawing for
cash for the cure,
MWCABC's raffle,
will take place
immediately before
the race.



5K Walk/Run Route



We welcome adults, children, strollers & physically challenged,
but NO bikes, scooters or rollerblades.

For additional information visit our website: manhassetbreastcancer.org
or email us mwcabcrun@gmail.com or call **365-6056**

underwriting opportunities

We are reaching out to individuals and corporations to ask for their help in underwriting
this special event, so that every dollar raised by the race can go directly to breast cancer research.

We have established the following ranges, but any donation is appreciated.

Underwriters will be acknowledged at the race.

- | | | | |
|------------------------------|---------------|--------------------------------|-------------------|
| <input type="radio"/> bronze | \$50 — \$99 | <input type="radio"/> platinum | \$500 — \$999 |
| <input type="radio"/> silver | \$100 — \$249 | <input type="radio"/> pink | \$1,000 — \$2,000 |
| <input type="radio"/> gold | \$250 — \$499 | <input type="radio"/> other | _____ |

Name as it is to appear on sign: _____