



# Texas Glory Fast-Pitch NewsLetter

[www.texasglory.com](http://www.texasglory.com)

Volume I No. 3

May 2011

## Glory News & Notes

- Texas Glory ranked #13 Nationally among Club Teams by Triple Crown Sports - <http://www.triplecrownsports.com/top100rankings/>
- High School Playoffs start Friday April 29. Follow all the Glory Girls @ HS Highlights on [www.texasglory.com](http://www.texasglory.com)

## Glory Alum News and Notes:

- Congrats to Whitney Canion ('08 Alum) and Taylor Hoagland ('09 Alum)! Both have been invited to the 2011 USA National Team tryout in Jun.
- Brianna Love Sets ULM Career HR Record and ties single season mark. - Ms. Love is a '07 Glory Alum from Garland High. Congrats!
- UT's Amy Hooks ('07 Glory Alum) is ESPN Capitol One Cup Impact Performer of the Week. Hooks went to North Mesquite High and played on Glory Gold for 4 years.
- Kristen Adkins ('07 Glory Alum) was named ACC Scholar Athlete of The Year

## 2011 Commitments

- None this month . Current Signees: 15; Commits: 18. Total: 117

## H.S. Awards/Recognition

4/30/11 – Plano & Keller in ESPN RISE National Poll - Week 7. # 5 Plano - Miles (Glory Foutch), Seasor (Glory Naudin) & Begis (Glory Poole) #36 Keller - Charters (Glory Naudin) & Laws (Glory Poole)

4/28/11 - Plano & Frisco Wakeland in NFCA/USA Today National Poll - Week 5. # 6 Plano - Miles (Glory Foutch), Seasor (Glory Naudin) & Begis (Glory Poole) #21 Frisco Wakeland - Acuna (Glory Poole)

4/24/11 - Brock's Linsey Hays (Glory Gold) is ESPN RISE Player of the Week!

4/24/11 - Pilot Point's Cagle (Glory Poole) is DMN Player of the Week Honorable Mention

4/23/11 - Hamilton (Hoot) hits 1st HR & Cagle is Perfect - both are DMN Friday Standouts

4/22/11 - Plano East's Kern (Glory Gold), a 2012 Texas commit is DMN Thursday Standout!

4/21/11 – Wagner (Glory Gold) is featured in Dallas Morning News

4/20/11 - Cagle (Glory Poole) has 13K's, makes DMN Stat Sheet, and Miles (Glory Foutch) is Tuesday Standout!

4/17/11 – Glory Girls on TV. Denton Guyer's Megan Washam (Glory Naudin) @ 16:10 in the video and the Plano kids, Miles (Glory Foutch), Seasor (Glory Naudin) and Begis (Glory Naudin) are featured as the head for the playoffs. @ 11:10 in the video. Google - HS Game Time 4-17-11

4/17/11 – Rowlett's Dozier (Glory Gold) in DMN Player of the Week Honorable Mention

4/16/11 – Stephens (Glory Gold) is mentioned as a side note in [DMN Friday Standouts](#), with her Wylie HS teammate Maddy Cook. Mary hit her 1st grand slam of the season to end the game. It was her 17th HR of the season. She leads the DFW Area in that department.

4/15/11 - Wiseman's (Glory Poole), bat helps The Colony stay in playoff hunt. [Plano Star](#).

4/14/11 - Plano East's Kern (Glory Gold) and Wylie's Stephens (Glory Gold) featured in [Dallas Morning News Article](#).

4/13/11 - Plano's Kristen Miles (Glory Foutch), Seasor (Glory Naudin) & Begis (Glory Poole) help their Nationally ranked team clinch District 8-5A, in [DMN "Game of the Night"](#); Keller's Charters (Glory Naudin) makes the Stat Sheet; Princeton's Naudin (Glory Gold), McMullen (Glory Poole) and Johnson (Glory Poole) help their team to "[Big Win](#)" and Dozier (Glory Gold) is a [DMN Tuesday Standout!](#)

4/9/11 Carrico ([Gold Foutch](#)), Texas Tech commitment, throws 2nd perfect game in a week for Wall High. Wall is currently the #6 ranked 2A team in the state

4/9/11 - Lone Star State Scholars wishes to congratulate Reagan Richardson ('99 Glory Red) a 5Th Grader in her accomplishments by being nominated by her school, Crockett Intermediate School,

4/9/11 - Plano's Miles ([Gold Foutch](#)), stays on track and Dozier ([Glory Gold](#)) is a [DMN Friday Standout!](#)

4/6/11 - [Tuesday Dallas Morning News HS Spotlight, Stats and Standouts](#): Mary ([Glory Gold](#)), homers again, #16, to help Wylie win, Acuna ([Glory Poole](#)) knocks in runs & Lewis ([Glory Naudin](#)) and Miles ([Gold Foutch](#)) are Tuesday Standouts!

4/5 - Carrico ([Gold Foutch](#)), strikes out 14 of 17. <http://www.gosanangelo.com/news/2011/apr/05/localroundup/>



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## Our Team's Results/Accomplishments

- 4/9/11 - 12u 98 Glory finish 2nd at 14U Mansfield Tourney
- 4/9/11 - '02 Glory Blue finish 2nd in 8u event at Arlington's MLK Park
- 4/10/11 – 96 Glory finish 2<sup>nd</sup> in Grapevine
- 4/17/11 – '02 Glory Blue win Mansfield Spring Fling

## Mental Skills Tip of the Month: Patience and Faith Hold It All Together

Today's Mental Skills Tip – What does the phrase "If it was easy, everyone would do it" mean to you? To me, it brings good news that I can earn a competitive advantage by doing things that most other people won't do. Of

course, it also brings the news that reaching any worthwhile goal is going to be inherently challenging, even difficult. So, how can we navigate these difficulties? By giving our best effort one step at a time, repeating what's working and changing what doesn't work. This system is guaranteed to work...eventually. But alas, it's the word "eventually" that's the biggest problem for so many people. We figure: "I worked hard. Now show me the results." Unfortunately, life and performance in sports are not that simple. It takes an undefined amount of time for the formula of "try and try again" to bear fruit. One goal of mental skills training is to accelerate the process of approaching potential, but even fabulous mental skills don't alleviate the need for time. Time, in turn, necessitates patience and faith, or that positive attitude that led to "winning" the mental side of the game in the first place will be lost. As John Wooden described in his Pyramid of Success, the mortar that holds it all together is made of patience and faith.

Patience and faith are also critical at the level of achieving a singular best effort performance. All athletes make the mistake at some point of trying too hard. In their attempt to make good things happen, they press (try to do too much). Rather than trying to "make it happen," elite performers learn to consistently "let it happen." What's the difference between these two? Patience and faith... that good behaviors will eventually and inevitably be rewarded. This certainly may not occur right away. It may not even happen in the format anticipated. But it will happen. On a single play, patience and faith are manifested by good rhythm rather than rushing, aggression that is balanced rather than out-of-control, and persistence with the belief that all that is needed now is my best effort, one step at a time. A great mantra: "My best is always good enough!" With patience and faith, the athlete is smooth, making a great performance appear easy. Without it, the same situation leads to a poor performance that looks very difficult.

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## Upcoming Camp/Clinic Schedule:

- Jun 7/8 – **Glory Skills Camp. 3<sup>rd</sup> – 8<sup>th</sup> Graders**
- July 6<sup>th</sup> – **Craig Ranch camp – featuring North Texas Coaches**
- July 7<sup>th</sup> – **Craig Ranch camp – featuring Texas A&M Coaches**
- July 12<sup>th</sup> – **Craig Ranch camp – featuring Texas Tech Coaches**
- July 26<sup>th</sup> – **Craig Ranch End of Summer camp – featuring Jo Evans, HC Texas A&M, Jen McFalls, Asst. Coach Texas and Coaches from the Big 12, SEC, Conf USA, Southland and others**
- Jan 12/13, 2012 – **North Texas Coaches Clinic (A&M, BU, Ark, UT)**

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