

2006 TNT #2 - July 4

150 METERS

Matt NOLAN	Brockville Legion	92	18.6	-1
Angela KING	KNAP	87	19	-1
Lisa KERRY	Quinte Legion	91	19.8	-1
Carley FOX	Thousand islands SS	90	20.2	-1
Kirstin MOONEY	Quinte Legion	89	20.3	-1
Tamara MILLIGAN	Quinte Legion	91	20.9	-2
Lyndsay GLASS	KNAP	91	21.2	-2
Jennylee SWALLOW	Quinte Legion	93	21.5	-2
Lyn BARRETT	Quinte Legion	60	21.8	-2
Marc-Francis DUARTE	Centreville	94	22.3	-3
Cassie HUNTER	KNAP	94	23	-2
Brenna MacDOUGALL		98	32.9	-3
Brogan MacDOUGALL		00	40	-3
Brian MacDOUGALL		03	43.9	-3

1000 METERS

Josiah LUTTJEBOER	Quinte Legion	89	2.41.7
Chris HULL	KNAP	91	02:56.6
Alexander HINTON	KNAP	91	02:59.1
Amy SCHNEEBERG	KNAP	81	03:00.6
Lindsey ROTH	Quinte Legion	93	03:31.0
Rachael BURNS	Storrington PS	93	03:41.2
Marc-Francis DUARTE	Centreville	94	03:56.8
Anne Marie DUARTE	Kingston CVI	90	04:00.6

300 METERS

Angela KING	KNAP	87	42.2	-1
Lisa KERRY	Quinte Legion	91	44.2	-1
Kirstin MOONEY	Quinte Legion	89	44.5	-1
Lyn BARRETT	Quinte Legion	60	49.2	-2
Tamara MILLIGAN	Quinte Legion	91	49.7	-1
Asia ZOLNIERCZYK	Holy Cross SS	90	50.3	-2
Cassie HUNTER	KNAP	94	61.6	-2
Brogan MacDOUGALL		00	86.1	-2

3000 METERS

Peter QUINN	Unattached	65	09:17.3
Josiah LUTTJEBOER	Quinte Legion	89	09:51.0
Colin MacDOUGALL		68	10:19.4
Jodi WENDLAND	Unattached	82	10:58.7
Karen MILLSON	Physi-Kult	62	11:02.1
Jim ELYOT	KBM Runners	57	11:46.7
Branna MacDOUGALL	Holy Name	98	13:41.0

4 x 100 METERS RELAY

Team Rudy			53.4
Quinte Be Fast			55.2
Team Z			56.5
Future Olympians			01:01.4
MacDougall Family			01:38.5

DISCUS (1.6 Kg)

Graeme PICKETT	Kingston CVI	90	32.97 (competition 1)
Graeme PICKETT			33.04 (competition 2)

HAMMER (16 lb.)

Tipper McEWAN	Independent	83	48.58 (competition 1)
Tipper McEWAN			48.84 (competition 2)

LONG JUMP

Jennylee SWALLOW	Quinte Legion	93	3.59
Marc-Francis DUARTE	Centreville	94	3.84
Kirstin MOONEY	Quinte Legion	89	4.31
Carley FOX	Thousand Islands SS	90	4.37
Matt NOLAN	Brockville Legion	92	5.12

TRIPLE JUMP

Matt NOLAN	Brockville Legion	92	10.73
Carley FOX	Thousand Islands SS	90	10.07