

Presents a

## COACHING CLINIC

for Little League BASEBALL & SOFTBALL COACHES

SATURDAY JANUARY 12TH @ PETCO PARK

Free Parking in Padres Parkade.

Clinic Details @ [www.padres.com](http://www.padres.com) and click on "community"

Contact: Rebecca Robinson [RRobinson@padres.com](mailto:RRobinson@padres.com)

### MORNING SESSION:

For coaches and managers of players 9 - 12 years old.

Learn how to teach the 10 fundamental skills for this age group plus the pitching and catching positions. Experience fun drills & games, learn how to plan effective practices and establish your pre-game routine. Take away a complete plan and expertise to share with your players.

**8:00 to 8:20 AM REGISTRATION**

**8:30 to 12:30 PM HANDS ON TRAINING**

### AFTERNOON SESSION:

For parents and coaches of players 5 - 8 years old.

Learn how to teach the 7 fundamental skills for this age group in a fun and effective way. Experience a complete sample practice plan including; warm-ups, skill development, fun drills, activities and games. Take away a complete plan and expertise to share with your players.

**1:00 to 1:20 PM REGISTRATION**

**1:30 to 5:00 PM HANDS ON TRAINING**

*Thank you Big Al and the Padres organization for putting on an outstanding clinic! The information presented was effective, informative and entertaining. - TRACY*

*Great clinic, thanks again Big Al. We had our first practice game and already I feel the girls are getting into good pre-game and practice routines. - MAURICE*

**COME PREPARED!**  
**WEAR COMFORTABLE CLOTHING**  
**BRING A GLOVE**  
No cleated shoes  
allowed on the field!  
**ADULTS ONLY PLEASE!**

**TRAINING MATERIALS AVAILABLE AT THE CLINIC  
OR ORDER ONLINE @ [www.alandalbaseball.com](http://www.alandalbaseball.com)**

