

**KIDS ZONE YOUTH SPORTS**  
**SOCCER RULES**  
5 – 6 year olds

- Teams will consist of 6 to 12 players. Games will be played 5 on 5 including goal keeper.
- The game will be four 8 minute quarters, with a 2 minute break in each quarter and a 3-4 minute half time.
- Shin guards are mandatory and must be worn at all games.
- Each player must play at least half of every game.
- Each player must wear their jersey at every game. Jersey must be tucked in.
- The size of the ball used is size three (3).
- Only 2 Coaches from each team are allowed to be on the field during the game.
- A parent or assistant coach is allowed behind the goal to help guide the players.
- All players that are not playing in the game must be in one area with their team. A parent or coach is required to be with the children to help with substitutions and directions.
- Substitutions are allowed during the breaks, after a goal has been scored, goal kicks, when the ball is out of play or if injury has occurred.
- No offside violations will be called.
- No slide tackling is allowed
- No charging the goalie.
- Depending on the infraction, the referee will award free kicks or throw ins.
- The field size will be approximately 20 yards wide and 30 yards long. Spectators are expected to be at least 5 feet from the sideline.